

Nutrition Facts

Serving Size 1 Slice (50 g)
Servings Per Container About 18

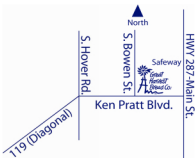
Calories 120.0	Calories From Fat 30.0
% Daily Value*	
Total Fat 3.0g	5.0 %
Saturated Fat 0.0g	0.0 %
<i>Trans</i> Fat 0.0g	
Cholesterol 0.0mg	1.0 %
Sodium 210.0mg	9.0 %
Total Carbohydrate 21.0g	7.0 %
Dietary Fiber 5.0g	19.0 %
Sugars 4.0g	
Protein 4.0g	

Ingredients: Fresh Milled Whole
Wheat Flour, Water, Flax Seeds,
Honey, Millet, Oat Bran, Wheat Bran,
Sunflower Seeds, Yeast, and Salt.

Contains: Wheat

Allergy Info:

Manufactured
on equipment
shared with
wheat, soy,
dairy, eggs,
and tree nuts.



HIGH 5 FIBER



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