

## Nutrition Facts

Serving Size 1 Slice (50g)  
Servings Per Container About 20

Amount per serving

Calories 100	Calories From Fat 5.0
% Daily Value*	
Total Fat 0.0g	1.0 %
Saturated Fat 0.0g	0.0 %
Trans Fat 0.0g	
Cholesterol 0.0mg	0.0 %
Sodium 310.0mg	13.0 %
Total Carbohydrate 22.0g	7.0 %
Dietary Fiber 3.0g	11.0 %

Sugars 5.0g

Protein 3.0g

**Ingredients:** Unbleached White Flour, Whole Wheat Flour, Water, Rye Flour, Honey, Fresh Yeast, Dried Onions, Salt, Dill, and Poppy Seeds.

Contains: Wheat

**Allergy Info:**

Manufactured on equipment shared with wheat, soy, dairy, eggs, and tree nuts.



# OREGON HERB

Net weight: 32 oz. (2lb.) • .90 kilogram



Visit us at 1100 Ken Pratt Blvd  
Longmont, Colorado  
Doug & Amy Brasier 303-772-9090  
[www.longmontgreatharvest.com](http://www.longmontgreatharvest.com)