

Nutrition Facts

Serving Size 1 Slice (56g)

Servings Per Container About 18

Calories 130	Calories From Fat 15
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% Daily Value*

Total Fat 1.5g	2.0 %
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Saturated Fat 0.0g	2.0%
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Trans Fat 0.0g	0.0 %
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Cholesterol 0.0mg	0.0 %
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Sodium 210.0mg	9.0 %
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Total Carbohydrate 28.0g	9.0 %
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Dietary Fiber 4.0g	14.0 %
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Sugars 9.0g

Protein 4.0g

Ingredients: Stone Ground Whole Wheat Flour, Water, Colorado Honey, Dates, Cinnamon Chips, Rolled Oats, Fresh Yeast, Salt, and Cinnamon.

CONTAINS: WHEAT

Allergy Info:

Manufactured on equipment shared with wheat, soy, dairy, eggs, and tree nuts.



BREAKFAST BLAST!



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